



# GUIDE: GOOD FRIDAY WALKING STATIONS OF THE CROSS



## **BACKGROUND:**

Thank you for joining us on our annual Micah Ecumenical "Good Friday" "Walking Stations of the Cross." The history of practicing the "Stations of the Cross" grew out of imitations of the "Via Dolorosa" in Jerusalem. This is a traditional processional route symbolizing the actual path Jesus walked to Mount Calvary. The objective of today's walk through our city landmarks and churches to provide reflection points as a smaller form of the spiritual pilgrimage. Let us take this time to pray for our community as we contemplate together the Passion of Christ and the love of Jesus for all people.

## **INSTRUCTIONS:**

**Before each reading, we will read together the centering prayer (below) and at the conclusion of the reading, we will say/sing our closing prayer (known as the Trisagion):**

### **Centering Prayer: (Read before each scripture reading)**

"We adore you, O Christ and we bless you, because by your holy cross you have redeemed the world. Remind us of this love."

### **Closing Prayer/Trisagion (SUNG)**

"Holy God, Holy and Mighty, Holy Immortal One, Have Mercy Upon Us."

*NOTE: In between stations, we will rotate who is carrying the cross. We will also be singing as we walk and reading scripture at each station. The lyrics for the songs we will sing are listed in this program. Hold your prayer rock in your hand as a tool for reflection and contemplation.*



# STATION INDEX: WALKING STATIONS OF THE CROSS



## **STATION 1: Market Square**

JESUS PRAYS IN THE GARDEN

MATTHEW 26:36-41

## **STATION 2: Jail Alley**

JESUS IS ARRESTED (MARK 14:43-46)

## **STATION 3: Town Hall**

PILATE QUESTIONS JESUS

MATTHEW 27:11-14

## **STATION 4: Riverfront Park**

PILATE QUESTIONS THE CROWD

MATTHEW 27:20-26

## **STATION 5: War Memorial Mural**

JESUS IS DENIED BY PETER

MATTHEW 26:69-75

## **STATION 6: Chatham Bridge**

JESUS TAKES UP HIS CROSS AND IS

HELPED BY SIMON OF CYRENE

LUKE 23:26

## **STATION 7: Fredericksburg Area Museum**

Courtyard

"FATHER FORGIVE THEM"

LUKE 23:33-34

## **STATION 8: Historic Slave Block Site**

THE CRUCIFIXION OF JESUS

MARK 15:25-32

## **STATION 9: Happy to Chat Bench**

THIEF ON THE CROSS

LUKE 23:32-34, 39-43

## **STATION 10: Fredericksburg Baptist Church**

JESUS DIES ON THE CROSS

MARK 15:33-39

## **STATION 11: Micah**

(MEMORIAL WALL)

JESUS IS LAID IN THE TOMB

MATTHEW 27:57-60

**\*TAKE YOUR STONE AND IF YOU FEEL  
LED, LEAVE IT UPSTAIRS AS YOU VIEW  
THE MEMORIAL WALL OF THOSE WE  
HAVE LOST IN OUR COMMUNITY OVER  
THE LAST COUPLE OF YEARS.**



# SONG LYRICS: WALKING STATIONS OF THE CROSS



## "Were You There?"

Vs 1

Were you there  
when they crucified my Lord  
Were you there  
when they crucified my Lord  
O sometimes it causes me to tremble  
tremble tremble  
Were you there when they crucified my Lord

Vs 2:

Were you there  
when they nailed him to the tree.  
Were you there  
when they nailed him to the tree.  
Oh, Sometimes it causes me to  
tremble, tremble, tremble,  
Were you there, when they nailed Him to the  
tree...

Vs. 3

Were you there when they laid him in the Tomb  
Were you there when they laid him him in the  
tomb.  
O sometimes it causes me to  
tremble, tremble, tremble  
were you there when they  
laid Him in the tomb.

CCLI Song @29516/public domain  
Frederick J. Work | John W. Work Jr.

## "Old Rugged Cross"

Vs 1

On a hill far away stood an old rugged cross  
The emblem of suffering and shame  
And I love that old cross  
where the dearest and best  
For a world of lost sinners was slain

Vs 2

So I'll cherish the old rugged cross  
Till my trophies at last I lay down  
I will cling to the old rugged cross  
And exchange it some day for a crown

Vs 3

To the old rugged cross I will ever be true  
It's shame and reproach gladly bear  
Then he'll call me some day  
to my home far away  
Where his glory forever I'll share

Vs 4

And I'll cherish the old rugged cross  
Till my trophies at last I lay down  
And I will cling to the old rugged cross  
And exchange it some day for a crown

Vs 5

I will cling to the old rugged cross  
And exchange it some day for a crown

CCLI Song #19722 / Public Domain  
George Bennard



# SONG LYRICS: WALKING STATIONS OF THE CROSS



## **"I Need Thee (Every Hour)" (Refrain)**

"I need thee,  
O I need thee,  
Every hour I need thee;  
O bless me now, my Savior,  
I come to thee

Robert Lowry, 1873

\*\*\*\*\*

## **"Just As I Am"**

Just as I am without one plea  
But that thy blood was shed for me  
and that thou bidst me come to thee  
O Lamb of God,  
I come,  
I come.

William Bradbury, 1849

\*\*\*\*\*

## **"Jesus, We Are Here"**

Jesus, we are here (3x)  
we are here for you

Jesu tawa pano (3x)  
Tawa pano muzita renyu

FWS 2273

## **"Bless the Lord My Soul" (Taize)**

Bless the Lord, my soul  
And bless God's holy name  
Bless the Lord, my soul  
Who leads me into life

Kiida Issandat  
Ja ülísta mu hing  
Kiida Issandat  
Ta lunastanud mind

\*\*\*\*\*

## **"Stay With Me" (Taize)**

Stay with me,  
remain here with me,  
watch and pray,  
watch and pray

\*\*\*\*\*

## **"Jesus Remember Me"**

Jesus Remember Me  
When you come into your kingdom  
Jesus Remember Me  
When you come into your kingdom



# GOOD FRIDAY WALKING STATIONS OF THE CROSS



## **STATION 1: MICAH**

JESUS PRAYS IN THE GARDEN

**MATTHEW 26:36-41**

36 THEN JESUS WENT WITH THEM TO A PLACE CALLED GETHSEMANE, AND HE SAID TO HIS DISCIPLES, "SIT HERE WHILE I GO OVER THERE AND PRAY."

37 HE TOOK WITH HIM PETER AND THE TWO SONS OF ZEBEDEE AND BEGAN TO BE GRIEVED AND AGITATED. 38 THEN HE SAID TO THEM, "MY SOUL IS DEEPLY GRIEVED, EVEN TO DEATH; REMAIN HERE, AND STAY AWAKE WITH ME." 39 AND GOING A LITTLE FARTHER, HE THREW HIMSELF ON THE GROUND AND PRAYED, "MY FATHER, IF IT IS POSSIBLE, LET THIS CUP PASS FROM ME, YET NOT WHAT I WANT BUT WHAT YOU WANT." 40 THEN HE CAME TO THE DISCIPLES AND FOUND THEM SLEEPING, AND HE SAID TO PETER, "SO, COULD YOU NOT STAY AWAKE WITH ME ONE HOUR? 41 STAY AWAKE AND PRAY THAT YOU MAY NOT COME INTO THE TIME OF TRIAL;[A] THE SPIRIT INDEED IS WILLING, BUT THE FLESH IS WEAK."

## **STATION 2: FREDERICKSBURG COURTHOUSE**

JESUS IS ARRESTED

**MARK 14:43-46**

43 IMMEDIATELY, WHILE HE WAS STILL SPEAKING, JUDAS, ONE OF THE TWELVE, ARRIVED, AND WITH HIM THERE WAS A CROWD WITH SWORDS AND CLUBS, FROM THE CHIEF PRIESTS, THE SCRIBES, AND THE ELDERS. 44 NOW THE BETRAYER HAD GIVEN THEM A SIGN, SAYING, "THE ONE I WILL KISS IS THE MAN; ARREST HIM AND LEAD HIM AWAY UNDER GUARD." 45 SO WHEN HE CAME, HE WENT UP TO HIM AT ONCE AND SAID, "RABBI!" AND KISSED HIM. 46 THEN THEY LAID HANDS ON HIM AND ARRESTED HIM.



# GOOD FRIDAY WALKING STATIONS OF THE CROSS



## **STATION 3: THE PRESBYTERIAN CHURCH**

PILATE QUESTIONS JESUS

**MATTHEW 27:11-14**

11 NOW JESUS STOOD BEFORE THE GOVERNOR, AND THE GOVERNOR ASKED HIM, "ARE YOU THE KING OF THE JEWS?" JESUS SAID, "YOU SAY SO." 12 BUT WHEN HE WAS ACCUSED BY THE CHIEF PRIESTS AND ELDERS, HE DID NOT ANSWER. 13 THEN PILATE SAID TO HIM, "DO YOU NOT HEAR HOW MANY ACCUSATIONS THEY MAKE AGAINST YOU?" 14 BUT HE GAVE HIM NO ANSWER, NOT EVEN TO A SINGLE CHARGE, SO THAT THE GOVERNOR WAS GREATLY AMAZED.

## **STATION 4: FREDERICKSBURG UMC GREEN**

PILATE QUESTIONS THE CROWD

**MATTHEW 27:20-26**

20 NOW THE CHIEF PRIESTS AND THE ELDERS PERSUADED THE CROWDS TO ASK FOR BARABBAS AND TO HAVE JESUS KILLED. 21 THE GOVERNOR AGAIN SAID TO THEM, "WHICH OF THE TWO DO YOU WANT ME TO RELEASE FOR YOU?" AND THEY SAID, "BARABBAS." 22 PILATE SAID TO THEM, "THEN WHAT SHOULD I DO WITH JESUS WHO IS CALLED THE MESSIAH?"[A] ALL OF THEM SAID, "LET HIM BE CRUCIFIED!" 23 THEN HE ASKED, "WHY, WHAT EVIL HAS HE DONE?" BUT THEY SHOUTED ALL THE MORE, "LET HIM BE CRUCIFIED!" 24 SO WHEN PILATE SAW THAT HE COULD DO NOTHING BUT RATHER THAT A RIOT WAS BEGINNING, HE TOOK SOME WATER AND WASHED HIS HANDS BEFORE THE CROWD, SAYING, "I AM INNOCENT OF THIS MAN'S BLOOD;[B] SEE TO IT YOURSELVES." 25 THEN THE PEOPLE AS A WHOLE ANSWERED, "HIS BLOOD BE ON US AND ON OUR CHILDREN!" 26 SO HE RELEASED BARABBAS FOR THEM, AND AFTER FLOGGING JESUS HE HANDED HIM OVER TO BE CRUCIFIED.



# GOOD FRIDAY WALKING STATIONS OF THE CROSS



## STATION 5: FREEDOM RIDERS SIGN (SHILOH NEW SITE)

### JESUS IS DENIED BY PETER

MATTHEW 26:69-75

69 NOW PETER WAS SITTING OUTSIDE IN THE COURTYARD. A FEMALE SERVANT CAME TO HIM AND SAID, "YOU ALSO WERE WITH JESUS THE GALILEAN." 70 BUT HE DENIED IT BEFORE ALL OF THEM, SAYING, "I DO NOT KNOW WHAT YOU ARE TALKING ABOUT." 71 WHEN HE WENT OUT TO THE PORCH, ANOTHER FEMALE SERVANT SAW HIM, AND SHE SAID TO THE BYSTANDERS, "THIS MAN WAS WITH JESUS THE NAZARENE." [A] 72 AGAIN HE DENIED IT WITH AN OATH, "I DO NOT KNOW THE MAN." 73 AFTER A LITTLE WHILE THE BYSTANDERS CAME UP AND SAID TO PETER, "CERTAINLY YOU ARE ALSO ONE OF THEM, FOR YOUR ACCENT BETRAYS YOU." 74 THEN HE BEGAN TO CURSE, AND HE SWORE AN OATH, "I DO NOT KNOW THE MAN!" AT THAT MOMENT THE COCK CROWED. 75 THEN PETER REMEMBERED WHAT JESUS HAD SAID: "BEFORE THE COCK CROWS, YOU WILL DENY ME THREE TIMES." AND HE WENT OUT AND WEPT BITTERLY.

## STATION 6: RIVERFRONT PARK

### (NEAR SHILOH OLD SITE)

JESUS TAKES UP HIS CROSS AND IS HELPED BY SIMON

LUKE 23:26

26 AS THEY LED HIM AWAY, THEY SEIZED A MAN, SIMON OF CYRENE, WHO WAS COMING FROM THE COUNTRY, AND THEY LAID THE CROSS ON HIM AND MADE HIM CARRY IT BEHIND JESUS.



# GOOD FRIDAY WALKING STATIONS OF THE CROSS



## **Station 7: Chatham Bridge**

Father Forgive them

**Luke 23:33-34**

33 When they came to the place that is called The Skull, they crucified Jesus[a] there with the criminals, one on his right and one on his left. [[34 Then Jesus said, “Father, forgive them, for they do not know what they are doing.”] And they cast lots to divide his clothing.

## **Station 8: Fredericksburg baptist church**

The Crucifixion of Jesus

**Mark 15:25-32**

25 It was nine o'clock in the morning when they crucified him. 26 The inscription of the charge against him read, “The King of the Jews.” 27 And with him they crucified two rebels, one on his right and one on his left.[a] 29 Those who passed by derided[b] him, shaking their heads and saying, “Aha! You who would destroy the temple and build it in three days, 30 save yourself, and come down from the cross!” 31 In the same way the chief priests, along with the scribes, were also mocking him among themselves and saying, “He saved others; he cannot save himself. 32 Let the Messiah,[c] the King of Israel, come down from the cross now, so that we may see and believe.” Those who were crucified with him also taunted him.

## **Station 9: Hurkamp park**

Thief on the cross

**Luke 23:32-34, 39-43**

32 Two others also, who were criminals, were led away to be put to death with him. 33 When they came to the place that is called The Skull, they crucified Jesus[a] there with the criminals, one on his right and one on his left. [[34 Then Jesus said, “Father, forgive them, for they do not know what they are doing.”]b] And they cast lots to divide his clothing.

39 One of the criminals who were hanged there kept deriding[a] him and saying, “Are you not the Messiah?[b] Save yourself and us!” 40 But the other rebuked him, saying, “Do you not fear God, since you are under the same sentence of condemnation? 41 And we indeed have been condemned justly, for we are getting what we deserve for our deeds, but this man has done nothing wrong.” 42 Then he said, “Jesus, remember me when you come in[c] your kingdom.” 43 He replied, “Truly I tell you, today you will be with me in paradise.”





# GOOD FRIDAY WALKING STATIONS OF THE CROSS



Station 10: Historic Slave Block

Jesus dies on the cross

**Mark 15:33-39**

*The Death of Jesus*

33 When it was noon, darkness came over the whole land until three in the afternoon.

34 At three o'clock Jesus cried out with a loud voice, "Eloi, Eloi, lema sabachthani?" which means, "My God, my God, why have you forsaken me?"[b] 35 When some of the bystanders heard it, they said, "Listen, he is calling for Elijah." 36 And someone ran, filled a sponge with sour wine, put it on a stick, and gave it to him to drink, saying, "Wait, let us see whether Elijah will come to take him down." 37 Then Jesus gave a loud cry and breathed his last. 38 And the curtain of the temple was torn in two, from top to bottom. 39 Now when the centurion who stood facing him saw that in this way he breathed his last, he said, "Truly this man was God's Son!"

Station 11: Micah (Upstairs Memorial Wall)

**Matthew 27:57-60**

*The Burial of Jesus*

57 When it was evening, there came a rich man from Arimathea named Joseph, who also was himself a disciple of Jesus. 58 He went to Pilate and asked for the body of Jesus; then Pilate ordered it to be given to him. 59 So Joseph took the body and wrapped it in a clean linen cloth 60 and laid it in his new tomb, which he had hewn in the rock. He then rolled a great stone to the door of the tomb and went away.

\*take your stone and if you feel led, leave it upstairs as you view the memorial wall of those we have lost in our community over the last couple of years.