



**St. George's**  
Episcopal  
Church

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# Holy Eucharist

## Rite I

### 7:45 am

**The Fourth Sunday of Easter**  
**April 21, 2024**

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You are welcome at  
St. George's Church:  
Regardless of race,  
nationality,  
sexual orientation,  
gender expression,  
or tradition.

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# Welcome to St. George's!

View Our Complete Weekly  
Worship Schedule on our Website:  
[StGeorgesEpiscopal.net/worship](http://StGeorgesEpiscopal.net/worship)

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Whether you are worshiping online or in person, we are glad you are here. We hope you will find comfort in the beauty of the worship and encouragement in your personal faith journey.

## New to St. George's?

Thank you for joining us today!

You can use this bulletin to follow along with the worship service. We use liturgies based in the red *Book of Common Prayer*. Hymns are from the blue *Hymnal 1982* and green *Wonder, Love, and Praise*. All are located in your pew. Watch fellow worshippers for when to stand or sit, and please only do what is comfortable for you.

We'd love to get to know you and help get you connected with our parish ministries, formation, and fellowship groups.



Visit [StGeorgesEpiscopal.net/connect](http://StGeorgesEpiscopal.net/connect) or scan the QR code and we'll be in touch. You can also fill out the Newcomer Card in your pew and drop it in the offering plate.

Our rector (lead priest), Rev. Joe Hensley, would welcome the chance to speak with you. Please introduce yourself after the worship service. You can also contact him at: [joe.hensley@stgeorgesepiscopal.net](mailto:joe.hensley@stgeorgesepiscopal.net)

## Thank You for Your Generous Gifts!

Your financial gifts fund our ministries so we may show the Love of God to all. This month your gifts have helped:

- the St. George's Youth Group craft and send care packages to St. Georgians who are away at college.
- sustain our partners in ministry at Notre Dame Parish and School in Port-au-Prince, Haiti with over \$5000 collected through our Easter outreach offering.

You can make a financial gift:

- **In-person:** place gift in collection plate in the aisle.
- **Online - one-time or recurring:** [StGeorgesEpiscopal.net/giving](http://StGeorgesEpiscopal.net/giving). Or scan the QR code.
- **Text:** Send a text message with the dollar amount [e.g. \$50] to: 540.701.4133)



You can also mail a check to the church office:  
P.O. Box 7127  
Fredericksburg, VA 22404 Thank you!

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## Formation for All Ages:

View staff directory on our website:  
[StGeorgesEpiscopal.net/staff](http://StGeorgesEpiscopal.net/staff)  
Or call the church office: 540.373.4133

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One way we explore our spirituality is through learning - be it presentations, reading, or even talking with one another during coffee hour.

### Nursery

Nursery care is available for little ones ages 0 - 4 years old during the 9 am and 11:15 am worship services and the 10 am formation hour. Please see an usher for directions to the nursery.

### Children

#### *Montessori-based faith exploration*

- Age 3 - 2nd Grade: Godly Play, a Montessori-based program of stories, wondering, and expressive art or play. In the Godly Play room of the Preschool floor.
- Grades 3 - 5: SPLASH (Spirit, Play, Love All Spoken Here) using a curriculum designed by the Episcopal Church. In the Youth area of the 3rd floor.

### Youth

#### *An inclusive, welcoming community*

- Youth Café is back! Youth will gather in the small side of Sydnor and head to a local coffee shop for fellowship.

*Youth Group meets for fellowship  
5 - 7 pm on the 1st and 3rd Sundays of  
the month, on the Youth Floor*

### Adults

Forum Presentation (Sydnor Hall):

This Sunday is the next session in our series, *Life Together*, exploring friendship, led by Jennifer Vaughan and fellow parishioners.

### Questions about formation offerings?

General inquiries:

Church Office - 540.373.4133

[office@stgeorgesepiscopal.net](mailto:office@stgeorgesepiscopal.net)

Children: age 3 - 5th grade

Rev. Joe Hensley

[joe.hensley@stgeorgesepiscopal.net](mailto:joe.hensley@stgeorgesepiscopal.net)

Youth: 6th - 12th grade

Adults

Rev. Will Dickinson

[will.dickinson@stgeorgesepiscopal.net](mailto:will.dickinson@stgeorgesepiscopal.net)

Young Adults: age 18 - 45

Rev. Ethan Lowery

[missioner@thehousefxbg.org](mailto:missioner@thehousefxbg.org)

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# The Fourth Sunday of Easter

## April 21, 2024

from the red Book of Common Prayer  
(BCP)

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*We invite you to prepare for worship by observing silence or taking time for private prayer. Please take a moment to silence cell phones and alarms. We are glad you are here!*

### Greeting and Welcome

Celebrant: Alleluia. Christ is risen.

**People: Christ is risen indeed. Alleluia.**

### Collect for Purity

**BCP 323**

### Summary of the Law

**BCP 324**

### Gloria

**BCP 324**

### The Word of God

Celebrant: The Lord be with you.

**People: And with thy spirit**

Celebrant: Let us pray.

*The Celebrant says the Collect of the Day*

**BCP 173**

O God, whose Son Jesus is the good shepherd of thy people: Grant that when we hear his voice we may know him who calleth us each by name, and follow where he doth lead; who, with thee and the Holy Spirit, liveth and reigneth, one God, for ever and ever. **Amen.**

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**Acts 4:5 - 12** *New Revised Standard Version (NRSV)*

The day after they had arrested Peter and John for teaching about Jesus and the resurrection, the rulers, elders, and scribes assembled in Jerusalem, with Annas the high priest, Caiaphas, John, and Alexander, and all who were of the high-priestly family. When they had made the prisoners stand in their midst, they inquired, "By what power or by what name did you do this?" Then Peter, filled with the Holy Spirit, said to them, "Rulers of the people and elders, if we are questioned today because of a good deed done to someone who was sick and are asked how this man has been healed, let it be known to all of you, and to all the people of Israel, that this man is standing before you in good health by the name of Jesus Christ of Nazareth, whom you crucified, whom God raised from the dead. This Jesus is 'the stone that was rejected by you, the builders; it has become the cornerstone.' There is salvation in no one else, for there is no other name under heaven given among mortals by which we must be saved."

Reader: The Word of the Lord

**People: Thanks be to God.**

**Psalm 23**

**BCP 612**

**1 John 3:16 - 24** *New Revised Standard Version (NRSV)*

We know love by this, that he laid down his life for us-- and we ought to lay down our lives for one another. How does God's love abide in anyone who has the world's goods and sees a brother or sister in need and yet refuses help? Little children, let us love, not in word or speech, but in truth and action. And by this we will know that we are from the truth and will reassure our hearts before him whenever our hearts condemn us; for God is greater than our hearts, and he knows everything. Beloved, if our hearts do not condemn us, we have boldness before God; and we receive from him whatever we ask, because we obey his commandments and do what pleases him. And this is his commandment, that we should believe in the name of his Son Jesus Christ and love one another, just as he has commanded us. All who obey his commandments abide in him, and he abides in them. And by this we know that he abides in us, by the Spirit that he has given us.

Reader: The Word of the Lord

**People: Thanks be to God.**

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## The Holy Gospel of our Savior Jesus Christ according to John 10:11 - 18

**People: Glory be to thee, O Lord.**

*New Revised Standard Version (NRSV)*

Jesus said, "I am the good shepherd. The good shepherd lays down his life for the sheep. The hired hand, who is not the shepherd and does not own the sheep, sees the wolf coming and leaves the sheep and runs away-- and the wolf snatches them and scatters them. The hired hand runs away because a hired hand does not care for the sheep. I am the good shepherd. I know my own and my own know me, just as the Father knows me and I know the Father. And I lay down my life for the sheep. I have other sheep that do not belong to this fold. I must bring them also, and they will listen to my voice. So there will be one flock, one shepherd. For this reason the Father loves me, because I lay down my life in order to take it up again. No one takes it from me, but I lay it down of my own accord. I have power to lay it down, and I have power to take it up again. I have received this command from my Father."

Deacon or Priest: The Gospel of the Lord.

**People: Praise be to thee, O Christ.**

**The Sermon**

the Rev. Joseph H. Hensley, Jr.

**The Nicene Creed**

**BCP 327**

**Prayers of the People**

**BCP 328**

**The Confession**

**BCP 330**

**The Peace**

Celebrant: The peace of the Lord be always with you.

**People: And with thy spirit.**

*All are now invited to exchange a sign of peace.*

**Announcements**

*Praise God from whom all blessings flow. We invite you to share your gifts in support of our ministry within and beyond our congregation. You may place your gift in the offering plate. You can also give online ([bit.ly/stggive](https://bit.ly/stggive)) or text to give (send a text message with the dollar amount [e.g. \$50] to: 540.701.4133).*

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| <b>The Great Thanksgiving Prayer II</b>       | <b>BCP 340</b> |
| <b>Sanctus + Benedictus</b>                   | <b>BCP 341</b> |
| <b>The Lord's Prayer</b>                      | <b>BCP 336</b> |
| <b>The Breaking of the Bread</b>              | <b>BCP 337</b> |
| <b>O Lamb of God, Prayer of Humble Access</b> | <b>BCP 337</b> |

### **Invitation to Communion**

Celebrant: The Gifts of God for the People of God. *and may add*

Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

*All are welcome to participate in Communion through receiving the Sacrament in the form of Bread and Wine or receiving a blessing. You may come forward as invited by an usher. For those receiving the Sacrament, hold out your hands over each other, palms up. If you require a gluten-free wafer, hold your hands palms down. You may sip the wine from the chalice or simply touch the base. For those receiving a blessing instead, please cross your arms over your chest. After, please return to your pew by the side aisle.*

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| <b>The Prayer After Communion</b> | <b>BCP 339</b> |
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### **A Blessing for Easter**

May the God of peace, who brought again from the dead our Savior Jesus Christ, the great Shepherd of the sheep, make you perfect in every good work to do the will of God; and the blessing of God Almighty, the Father, the Son, and the Holy Ghost, be amongst you and remain with you always. **Amen.**

### **The Dismissal**

*The congregation responds* **Thanks be to God! Alleluia, alleluia!**

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# YogaVoice Workshop with Mark Moliterno

During the month of April, St. George's is offering the YogaVoice wellness program to the St. George's community as a way to grow the voices of our congregation, lectors, singers, and leaders. No experience in Yoga is required, and all techniques are adaptable to insure individual comfort and success.

YogaVoice® is a personal transformation technology founded by opera singer and yoga teacher Mark Moliterno that helps you to find your deep, inner purpose and its clear expression. Time-honored yoga practices, yoga therapy techniques, and a wellness-based voice training method help you remove the obstacles that might be impeding your authentic voice. YogaVoice® training provides essential tools for cultivating an empowered voice in singing, public speaking, teaching, and entrepreneurship.

There will be a final 1-hour introductory sessions led by Director of Music Ministries John Vreeland to provide basic information and practice in breathing, body awareness, and phonation. It will be held at 7 pm in the choir room tomorrow, Monday April 22nd.

The YogaVoice workshop, led by founder Mark Moliterno, will take place on:

**Friday, April 26, 7 pm – 9 pm:** Introductory Lecture

**Saturday, April 27, 9 am – 4 pm:** Yoga practice and YogaVoice techniques

**Sunday, April 28, 1:30 pm – 4 pm:** Yoga review and individual phonation practice with Mark

All sessions are free, thanks to funding provided by the Elizabeth Howard Fund. Scan the QR code to sign up. or visit our website: [StGeorgesEpiscopal.net](http://StGeorgesEpiscopal.net)

Scan to  
sign up





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## Announcements

For the latest news and events,  
sign up for our weekly e-newsletter,  
The St. Georgian:  
[StGeorgesEpiscopal.net/enews](http://StGeorgesEpiscopal.net/enews)

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### Pray For Haiti

In this time of further political instability, our partners at Notre Dame Parish and School in Port Au Prince need our prayers. The school and parish (Pere Geffrard Ricot, rector) remain open by the grace of God, a beacon of hope in one of the poorest neighborhoods in the city as well as for the teachers and staff who remain employed there. St. George's has continued to help fund the operations of the school. As always, if you would like to contribute to our Haiti funds, go to our giving page (and select the Haiti option in the giving menu) or send a check to St. George's designated for Haiti mission.

### Seeking Dinner Group Leaders

Do you love to host? Are you willing to give some time and space in your life to help other St. Georgians feel belonging? We're forming a new cohort of leaders for a new season of our Dinner Groups, intentional small groups that meet weekly or every other week for 8 weeks, simply to build community and help each other belong. All groups have two co-hosts, and you get to decide when and where your group meets. For more information or to volunteer, please contact Fr. Will ([will.dickinson@stgeorgesepiscopal.net](mailto:will.dickinson@stgeorgesepiscopal.net)).

### Parish Survey Update

Thank you to everyone who responded to our parish survey. We received 130 responses and are in the process of reviewing the results among the staff and vestry. We hope to share a report to the congregation in May.

### JaM Concert – Friday, April 26

JaM (Jazz and a Mission) has their next concert Friday, April 26 at 7 pm at Fredericksburg Presbyterian Church. The concert features St. Georgians David Bronston and Malanna Henderson. Proceeds from the concert benefit Loisann's Hope House.

### Concert Series Continues Today

Our monthly concert series continues today, April 21 at 3 pm with The Portland Guitar Duo. Don't miss this afternoon of classical guitar music. The concert is free with donations accepted at the door.

### Shrine Mont Sunday - April 28

Join us at the Adult Forum next Sunday, April 28, at 10:15 am as we unveil the theme for this year's Parish Weekend, Oct. 11 - 13 at Shrine Mont! Registrations open that day. Any questions, please contact Danielle Davis ([danielle@stgeorgesepiscopal.net](mailto:danielle@stgeorgesepiscopal.net)).

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### Today's Altar Arrangement:

is given to the glory of God and in loving memory of Jinxie and Warren Forbush by their daughters.

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# St. George's Prayer List

For the most up-to-date list of prayers and thanksgivings, sign up to receive our email prayer list: [StGeorgesEpiscopal.net/signup](mailto:StGeorgesEpiscopal.net/signup)

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## Regarding the Prayer List:

We strive to extend the power of the congregation's prayer to those who feel they would benefit from its embrace. Please submit prayer requests in writing to [office@stgeorgesepiscopal.net](mailto:office@stgeorgesepiscopal.net). Names remain on the list for 1 month.

## Our leadership:

For our bishops, Justin, Michael, Mark, Gayle, and Bud; for Joe, Will, and Ethan, our clergy; for those who are priests and pastors in our community; for our staff—Laurel, John, Jake, Kevin, Danielle, Barbara, Michael, Achim, Lisa, Riley, Amy, and Juliann; and for our Vestry.

## Those needing God's grace:

Lucy, Melanie Goodpasture, Ashley Johnson, Pamela Haley, Viola Cleo Bradshaw, Gabe Rodriguez, Jim Towbin, Kathy Braid, Craig Ground, Hannah Cannon, Karen Bigwood, Valerie

## Those in convalescence:

Paul Metzger, Ralph Powell, Deborah York, Rosemary Beales, Jan F., Marcia Russell, Jan Waltonen, Joyce Snead (mother of Joyce Steele), Karen Primmer, Trip Wiggins, Eleanore Spears, Jan Fensterer, Linda Dolph, *Liz Myers*

## Those expecting children:

Steven Janowiecki and Amanda Fisher; Joseph and Jenna Dzurenda; Michael and Maria Strickland, daughter of Anna and Paul Colopy; Andrea and Cody Bryant

## Those serving our country overseas:

Jeff Bryant, Travis Weber

## Those attending seminary:

Kris Rose, Anne-Tillery Melson, John Hager

## Those who have died:

Karl-Josef Jochem, Roy Bigwood

## Those homebound:

Betty Stephens, Cornelia Bryant

## Those with ongoing concerns:

Arya Holmes, Dick Roth, Molly Myers, Randy Donaldson, Martha and Sarah Turner, Claire Simpson, Paula Mullins, Mina Sabik, Beryl Harrison, Bill Marshall, Christina Shiel, Annette, Russ Carter, Diane Powell, Ron Tebbutt, Reggie Harrison, Betsy, Linda Baribeau, Isobel Hornung, Janis Hales, Margot VanHorn

## In the Diocesan Cycle of Prayer:

Christ, Alexandria; Good Shepherd, Burke; St. John's, McLean; Varina, Richmond

## In the Anglican Cycle of Prayer:

The Anglican Church of Australia

**Our Partners:** St. George's Episcopal Pre-school; Notre Dame Parish and School (Port-au-Prince, Haiti), Père Geffrard Ricot; The House college chaplaincy and young adult ministry; SAWs Virginia; Rev. Óshin Jennings, No Barriers Zen Temple; Micah Ecumenical Ministries; Our Little Roses - Honduras

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# Serving This Sunday

Thank you to our worship leaders serving today. If you would like to volunteer, contact the church office: [office@stgeorgesepiscopal.net](mailto:office@stgeorgesepiscopal.net).

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**Clergy:**

The Rev. Joseph H. Hensley, Jr.  
The Rev. William S. Dickinson

**Preacher:**

The Rev. Joseph H. Hensley, Jr.

**Lector:**

Susan Harrison

**Greeter:**

Linda Baribeau

**Altar Guild:**

Cindy Helton  
Lana King  
Kathleen Mullins  
Leslie Pugh  
Marvin Stearns

**Flowers:**

Sarah Bass

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**Contact Our Vestry:**

The Vestry is our elected, lay leadership council led by our Senior Warden, Michele Prout Alston, and Junior Warden, John Graham.

The Vestry welcomes your questions, concerns, and feedback. Email them at: [vestry@stgeorgesepiscopal.net](mailto:vestry@stgeorgesepiscopal.net)

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**St. George's Episcopal Church**

905 Princess Anne Street  
Fredericksburg, VA 22401

Mailing Address:

P.O. Box 7127

Fredericksburg, VA 22404

540.373.4133 (office)

Pastoral Emergencies:

540.361.8573 (call or text)

[StGeorgesEpiscopal.net](http://StGeorgesEpiscopal.net)

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