



St. George's
Episcopal
Church

Holy Eucharist

9:00 am

The Fourth Sunday of Easter
April 21, 2024

You are welcome at
St. George's Church:
Regardless of race,
nationality,
sexual orientation,
gender expression,
or tradition.

Welcome to St. George's!

View Our Complete Weekly
Worship Schedule on our Website:
StGeorgesEpiscopal.net/worship

Whether you are worshipping online or in person, we are glad you are here. We hope you will find comfort in the beauty of the worship and encouragement in your personal faith journey.

New to St. George's?

Thank you for joining us today!

You can use this bulletin to follow along with the worship service. We use liturgies based in the red *Book of Common Prayer*. Hymns are from the blue *Hymnal 1982* and green *Wonder, Love, and Praise*. All are located in your pew. Watch fellow worshippers for when to stand or sit, and please only do what is comfortable for you.

We'd love to get to know you and help get you connected with our parish ministries, formation, and fellowship groups.



Visit StGeorgesEpiscopal.net/connect or scan the QR code and we'll be in touch. You can also fill out the Newcomer Card in your pew and drop it in the offering plate.

Our rector (lead priest), Rev. Joe Hensley, would welcome the chance to speak with you. Please introduce yourself after the worship service. You can also contact him at: joe.hensley@stgeorgesepiscopal.net

Thank You for Your Generous Gifts!

Your financial gifts fund our ministries so we may show the Love of God to all. This month your gifts have helped:

- the St. George's Youth Group craft and send care packages to St. Georgians who are away at college.
- sustain our partners in ministry at Notre Dame Parish and School in Port-au-Prince, Haiti with over \$5000 collected through our Easter outreach offering.

You can make a financial gift:

- **In-person:** place gift in collection plate in the aisle.
- **Online - one-time or recurring:** StGeorgesEpiscopal.net/giving. Or scan the QR code.
- **Text:** Send a text message with the dollar amount [e.g. \$50] to: 540.701.4133)



You can also mail a check to the church office:
P.O. Box 7127
Fredericksburg, VA 22404 Thank you!

Formation for All Ages:

View staff directory on our website:
StGeorgesEpiscopal.net/staff
Or call the church office: 540.373.4133

One way we explore our spirituality is through learning - be it presentations, reading, or even talking with one another during coffee hour.

Nursery

Nursery care is available for little ones ages 0 - 4 years old during the 9 am and 11:15 am worship services and the 10 am formation hour. Please see an usher for directions to the nursery.

Children

Montessori-based faith exploration

- Age 3 - 2nd Grade: Godly Play, a Montessori-based program of stories, wondering, and expressive art or play. In the Godly Play room of the Preschool floor.
- Grades 3 - 5: SPLASH (Spirit, Play, Love All Spoken Here) using a curriculum designed by the Episcopal Church. In the Youth area of the 3rd floor.

Youth

An inclusive, welcoming community

- Youth Café is back! Youth will gather in the small side of Sydnor and head to a local coffee shop for fellowship.

*Youth Group meets for fellowship
5 - 7 pm on the 1st and 3rd Sundays of
the month, on the Youth Floor*

Adults

Forum Presentation (Sydnor Hall):

This Sunday is the next session in our series, *Life Together*, exploring friendship, led by Jennifer Vaughan and fellow parishioners.

Questions about formation offerings?

General inquiries:

Church Office - 540.373.4133

office@stgeorgesepiscopal.net

Children: age 3 - 5th grade

Rev. Joe Hensley

joe.hensley@stgeorgesepiscopal.net

Youth: 6th - 12th grade

Adults

Rev. Will Dickinson

will.dickinson@stgeorgesepiscopal.net

Young Adults: age 18 - 45

Rev. Ethan Lowery

missioner@thehousefxbg.org

The Fourth Sunday of Easter

April 21, 2024

from the red Book of Common Prayer (BCP), and *Enriching Our Worship*, supplemental liturgical materials approved by the Episcopal Church.

We invite you to prepare for worship by observing silence or taking time for private prayer. Please take a moment to silence cell phones and alarms. We are glad you are here!

Prelude: Virgo

Wayne Shorter

Hymn WLP 784: "Hallelujah! We sing your praises!" *Haleluya! Pelo tso rona*
Hallelujah! We sing your praises!
All our hearts are filled with gladness!
Hallelujah! We sing your praises!
All our hearts are filled with gladness! (repeat)

**Christ the Lord to us said: "I am wine, I am bread,
I am wine, I am bread, give to all who thirst and hunger!"**
**Jesus says to us still: " All who do the Lord's will,
all who so the Lord's will are my sisters and my brothers"**

Hallelujah! We sing your praises!
All our hearts are filled with gladness!
Hallelujah! We sing your praises!
All our hearts are filled with gladness! (repeat)

Celebrant: Alleluia. Christ is risen.

People: Christ is risen indeed. Alleluia.

Words of Welcome

Song of Praise

John H. Vreeland

Gloria, Gloria, Glory in the highest! (2 times)
To God be glory forever. (2 times)
Gloria, Gloria, Glory in the highest! (2 times)
Alleluia, Amen, Alleluia, Amen. (4 times)

The Word of God

Celebrant: God be with you.

People: And also with you.

Celebrant: Let us pray.

The Celebrant says the Collect (Prayer) of the Day

BCP 225

O God, whose Son Jesus is the good shepherd of your people: Grant that when we hear his voice we may know him who calls us each by name, and follow where he leads; who, with you and the Holy Spirit, lives and reigns, one God, for ever and ever. **Amen.**

1 John 3:16 - 24 *Common English Bible (CEB)*

This is how we know love: Jesus laid down his life for us, and we ought to lay down our lives for our brothers and sisters. But if a person has material possessions and sees a brother or sister in need and that person doesn't care—how can the love of God remain in him? Little children, let's not love with words or speech but with action and truth. This is how we will know that we belong to the truth and reassure our hearts in God's presence. Even if our hearts condemn us, God is greater than our hearts and knows all things. Dear friends, if our hearts don't condemn us, we have confidence in relationship to God. We receive whatever we ask from him because we keep his commandments and do what pleases him. This is his commandment, that we believe in the name of his Son, Jesus Christ, and love each other as he commanded us. The person who keeps his commandments remains in God and God remains in him; and this is how we know that he remains in us, because of the Spirit that he has given to us.

Reader: Hear what the Spirit is saying to God's People.

People: Thanks be to God.

Gospel Alleluia

John H. Vreeland

Choir: Alleluia, alleluia, alleluia, alleluia!

All: Alleluia, alleluia, alleluia, alleluia!

Choir: The Word of the Lord is perfect and revives the soul. The precepts of the Lord rejoice the heart and bring light to the eyes. Alleluia, alleluia, alleluia!

All: Alleluia, alleluia, alleluia, alleluia!

The Holy Gospel of our Savior Jesus Christ according to John 10:11 - 18

Common English Bible (CEB)

People: Glory to you, O Christ.

"I am the good shepherd. The good shepherd lays down his life for the sheep. When the hired hand sees the wolf coming, he leaves the sheep and runs away. That's because he isn't the shepherd; the sheep aren't really his. So the wolf attacks the sheep and scatters them. He's only a hired hand and the sheep don't matter to him. "I am the good shepherd. I know my own sheep and they know me, just as the Father knows me and I know the Father. I give up my life for the sheep. I have other sheep that don't belong to this sheep pen. I must lead them too. They will listen to my voice and there will be one flock, with one shepherd. "This is why the Father loves me: I give up my life so that I can take it up again. No one takes it from me, but I give it up because I want to. I have the right to give it up, and I have the right to take it up again. I received this commandment from my Father."

Reader: The Gospel of our Savior.

People: Praise to you, O Christ.

The Homily

A brief silence follows

the Rev. Joseph H. Hensley, Jr.

Prayers of the People

Christ is risen indeed, O God. We join together in prayer and praise in this joyful season, saying: Hear us, risen Christ: Alleluia, hear our prayer.¹

We tell out the Good News with joyful voice! Bless the whole Church throughout the world, especially our Diocese and St. George's Church.

Hear us, risen Christ:

Alleluia, hear our prayer.

You have opened heaven's gate! Inspire all ministers who witness to your glory on earth, especially our lay and clergy leaders.

Hear us, risen Christ:

Alleluia, hear our prayer.

Jesus burst his three days' prison! Help us proclaim release to all in captivity, freedom to all oppressed, food for those who hunger, and safety to those who fear.

Hear us, risen Christ:

Alleluia, hear our prayer.

Death's long shadows have departed! Bring peace to places ravaged by violence, especially Ukraine, Haiti, and the Holy Land, and bring peace to the fear and anger in our own hearts.

Hear us, risen Christ:

Alleluia, hear our prayer.

We are risen to a holier state! Help us to live out the grace we have been given, and hear the prayers we bring with us today, silently or aloud:

The people offer their prayers silently or aloud.

Hear us, risen Christ:

Alleluia, hear our prayer.

Death is conquered and we are free! Let your will for all who have died be fulfilled, and may we rise with them in glory.

Hear us, risen Christ:

Alleluia, hear our prayer.

Celebrant: Jesus Christ, alive and risen, keep the Church in the unity of the Spirit and in the bond of peace, and bring the whole created order to pray together with one voice and one heart; for you are alive and give us life through the power of the Spirit to the glory of God. **Amen.**

¹ These prayers are inspired by lines from the classic Easter hymn, "He is risen" (Hymnal 180).

Celebrant: The peace of Christ be always with you.

People: And also with you.

All are now invited to exchange a sign of peace.

Announcements

Praise God from whom all blessings flow. We invite you to share your gifts in support of our ministry within and beyond our congregation. You may place your gift in the offering plate. You can also give online (bit.ly/stggive) or text to give (send a text message with the dollar amount [e.g. \$50] to: 540.701.4133).

Anthem: Wondrous Love

Paul Christiansen

What wondrous love is this, O my soul, O my soul!

What wondrous love is this, O my soul,

That caused the Lord of life to bear the heavy cross,

What wondrous love is this, O my soul!

What wondrous love is this, O my soul, O my soul!

What wondrous love is this, O my soul,

That Christ should lay aside his crown for my soul,

What wondrous love is this, O my soul!

Presentation Hymn 199 (2, 3): "Tis the spring of souls today"

St. Kevin

'Tis the spring of souls today; Christ hath burst his prison,

and from three days sleep in death as a sun hath risen;

all the winter of our sins, long and dark, is flying

from his light, to whom we give laud and praise undying.

Now the queen of seasons, bright with the day of splendor,

with the royal feast of feasts, comes its joy to render;

comes to glad Jerusalem, who with true affection

welcomes in unwearied strains Jesus' resurrection.

The Great Thanksgiving (Prayer 3)

Enriching Our Worship

Celebrant: God be with you.

People: And also with you.

Celebrant: Lift up your hearts.

People: We lift them to the Lord.

Celebrant: Let us give thanks to the Lord our God.

People: It is right to give our thanks and praise.

Celebrant: All thanks and praise are yours at all times and in all places, our true and loving God; through Jesus Christ your eternal Word, the Wisdom from on high by whom you created all things. You laid the foundations of the world and enclosed the sea when it burst from the womb; You brought forth all creatures of the earth and gave breath to humankind.

Wondrous are you, Holy One of Blessing, all you create is a sign of hope for our journey; And so as the morning stars sing your praises we join the heavenly beings and all creation as we shout with joy:

Sanctus

John H. Vreeland

**Holy, holy holy Lord, God of power, God of might,
Heaven and earth are full of your glory. Hosanna in the highest.
Blessed is the one who comes in the name of the Lord, the name of the Lord.
Hosanna, Hosanna, Hosanna in the highest.
Hosanna, Hosanna, Hosanna in the highest.**

Celebrant: Glory and honor are yours, Creator of all, your Word has never been silent; you called a people to yourself, as a light to the nations, you delivered them from bondage and led them to a land of promise. Of your grace, you gave Jesus to be human, to share our life, to proclaim the coming of your holy reign and give himself for us, a fragrant offering.

**People: Through Jesus Christ our Redeemer, you have freed us from sin,
brought us into your life, reconciled us to you, and restored us to the glory you
intend for us.**

Celebrant: We thank you that on the night before he died for us Jesus took bread, and when he had given thanks to you, he broke it, gave it to his friends and said: "Take, eat, this is my Body, broken for you. Do this for the remembrance of me."

After supper, Jesus took the cup of wine, said the blessing, gave it to his friends and said: "Drink this, all of you: this cup is the new Covenant in my blood, poured out for you and for all for the forgiveness of sin. Do this for the remembrance of me."

And so, remembering all that was done for us: the cross, the tomb, the resurrection and ascension, longing for Christ's coming in glory, and presenting you these gifts your earth has formed and human hands have made, we acclaim you, O Christ:

**Dying, you destroyed our death. Rising, you restored our life.
Christ Jesus, come in glory!**

The Celebrant continues

Send your Holy Spirit upon us and upon these gifts of bread and wine that they may be to us the Body and Blood of your Christ. Grant that we, burning with your Spirit's power, may be a people of hope, justice and love.

People: Giver of Life, draw us together in the Body of Christ, and in the fullness of time gather us with all your people into the joy of our true eternal home.

Through Christ and with Christ and in Christ, by the inspiration of your Holy Spirit, we worship you our God and Creator in voices of unending praise.

People: Blessed are you now and forever. Amen.

Celebrant: As our Savior Christ has taught us, we now pray:

Our Father in heaven, hallowed be your Name, your kingdom come, your will be done, on earth as in heaven. Give us today our daily bread. Forgive us our sins, as we forgive those who sin against us. Save us from the time of trial, and deliver us from evil. For the kingdom, the power, and the glory are yours, now and for ever. Amen.

The celebrant breaks the consecrated bread. A period of silence is kept.

Fraction Anthem at the Breaking of the Bread

"Alleluia! Christ our Passover"

John H. Vreeland

All: Alleluia, alleluia, alleluia, alleluia, alleluia, alleluia

Choir: Christ our Passover is sacrificed for us. Therefore let us keep the feast.

All: Alleluia, alleluia, alleluia, alleluia, alleluia, alleluia.

Invitation to Communion

Celebrant: The Gifts of God for the People of God. *and may add*

Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

All are welcome to participate in Communion through receiving the Sacrament in the form of Bread and Wine or receiving a blessing. You may come forward as invited by an usher. For those receiving the Sacrament, hold out your hands over each other, palms up. If you require a gluten-free wafer, hold your hands palms down. You may sip the wine from the chalice or simply touch the base. For those receiving a blessing instead, please cross your arms over your chest. After, please return to your pew by the side aisle.

Hymn 204: "Now the green blade riseth"
Now the green blade riseth from the buried grain,
wheat that in the dark earth many days has lain;
love lives again, that with the dead has been:
Love is come again like wheat that springeth green.

Noël nouvelet

In the grave they laid him, Love whom hate had slain,
thinking that never he would wake again,
laid in the earth like grain that sleeps unseen:
Love is come again like wheat that springeth green.

Forth he came at Easter, like the risen grain,
he that for three days in the grave had lain,
quick from the dead my risen Lord is seen:
Love is come again like wheat that springeth green.

When our hearts are wintry, grieving, or in pain,
thy touch can call us back to life again,
fields of our hearts that dead and bare have been:
Love is come again like wheat that springeth green.

Music During Communion

Instrumental Music

"Bless the Lord"
Bless the Lord, my soul, and bless God's holy name.
Bless the Lord, my soul, who leads me into life.

Taizé

Lay Eucharistic Visitor Sending *Said on Sundays when a LEV visit occurs.*
Celebrant: [Name of LEV], in the name of this congregation of St. George's, we send you forth bearing these holy gifts, that [name of parishioner] may share with us in the communion of Christ's body and blood.
People: We who are many are truly one body, because we all share one bread and one cup.

The Prayer After Communion **Enriching Our Worship**
Loving God, we give you thanks for restoring us in your image and nourishing us with spiritual food in the Sacrament of Christ's Body and Blood. Now send us forth a people, forgiven, healed, renewed; that we may proclaim your love to the world and continue in the risen life of Christ our Savior. Amen.

A Blessing for Easter

May the God of peace, who brought again from the dead our Savior Jesus Christ, the great Shepherd of the sheep, make you perfect in every good work to do the will of God through the power of the Holy Spirit; and the blessing of the one, holy and undivided Trinity, the author of creation, the bearer of salvation, and the advocate of life, be among you and remain with you always.
Amen.

The Gathering of Children

Celebrant: Jesus said: "Truly, whoever does not receive the kingdom of God like a child shall not enter it." (Matt 19:14)

As the hymn begins, children are invited to join the procession to Sunday School.

Dismissal Hymn: "Halle, halle, hallelujah!"

Traditional Caribbean

Halle, halle, hallelujah!

Halle, halle, hallelujah!

Halle, halle, hallelujah!

Hallelujah! Hallelujah!

The Dismissal

The congregation responds

Thanks be to God! Alleluia! Alleluia!

Postlude: Blue Monk

Thelonious Monk



YogaVoice Workshop with Mark Moliterno

During the month of April, St. George's is offering the YogaVoice wellness program to the St. George's community as a way to grow the voices of our congregation, lectors, singers, and leaders. No experience in Yoga is required, and all techniques are adaptable to insure individual comfort and success.

YogaVoice® is a personal transformation technology founded by opera singer and yoga teacher Mark Moliterno that helps you to find your deep, inner purpose and its clear expression. Time-honored yoga practices, yoga therapy techniques, and a wellness-based voice training method help you remove the obstacles that might be impeding your authentic voice. YogaVoice® training provides essential tools for cultivating an empowered voice in singing, public speaking, teaching, and entrepreneurship.

There will be a final 1-hour introductory sessions led by Director of Music Ministries John Vreeland to provide basic information and practice in breathing, body awareness, and phonation. It will be held at 7 pm in the choir room tomorrow, Monday April 22nd.

The YogaVoice workshop, led by founder Mark Moliterno, will take place on:

Friday, April 26, 7 pm – 9 pm: Introductory Lecture

Saturday, April 27, 9 am – 4 pm: Yoga practice and YogaVoice techniques

Sunday, April 28, 1:30 pm – 4 pm: Yoga review and individual phonation practice with Mark

All sessions are free, thanks to funding provided by the Elizabeth Howard Fund. Scan the QR code to sign up. or visit our website: StGeorgesEpiscopal.net

Scan to
sign up



Announcements

For the latest news and events,
sign up for our weekly e-newsletter,
The St. Georgian:
StGeorgesEpiscopal.net/enews

Pray For Haiti

In this time of further political instability, our partners at Notre Dame Parish and School in Port Au Prince need our prayers. The school and parish (Pere Geffrard Ricot, rector) remain open by the grace of God, a beacon of hope in one of the poorest neighborhoods in the city as well as for the teachers and staff who remain employed there. St. George's has continued to help fund the operations of the school. As always, if you would like to contribute to our Haiti funds, go to our giving page (and select the Haiti option in the giving menu) or send a check to St. George's designated for Haiti mission.

Seeking Dinner Group Leaders

Do you love to host? Are you willing to give some time and space in your life to help other St. Georgians feel belonging? We're forming a new cohort of leaders for a new season of our Dinner Groups, intentional small groups that meet weekly or every other week for 8 weeks, simply to build community and help each other belong. All groups have two co-hosts, and you get to decide when and where your group meets. For more information or to volunteer, please contact Fr. Will (will.dickinson@stgeorgesepiscopal.net).

Parish Survey Update

Thank you to everyone who responded to our parish survey. We received 130 responses and are in the process of reviewing the results among the staff and vestry. We hope to share a report to the congregation in May.

JaM Concert – Friday, April 26

JaM (Jazz and a Mission) has their next concert Friday, April 26 at 7 pm at Fredericksburg Presbyterian Church. The concert features St. Georgians David Bronston and Malanna Henderson. Proceeds from the concert benefit Loisann's Hope House.

Concert Series Continues Today

Our monthly concert series continues today, April 21 at 3 pm with The Portland Guitar Duo. Don't miss this afternoon of classical guitar music. The concert is free with donations accepted at the door.

Shrine Mont Sunday - April 28

Join us at the Adult Forum next Sunday, April 28, at 10:15 am as we unveil the theme for this year's Parish Weekend, Oct. 11 - 13 at Shrine Mont! Registrations open that day. Any questions, please contact Danielle Davis (danielle@stgeorgesepiscopal.net).

Today's Altar Arrangement:

is given to the glory of God and in loving memory of Jinxie and Warren Forbush by their daughters.

St. George's Prayer List

For the most up-to-date list of prayers and thanksgivings, sign up to receive our email prayer list: StGeorgesEpiscopal.net/signup

Regarding the Prayer List:

We strive to extend the power of the congregation's prayer to those who feel they would benefit from its embrace. Please submit prayer requests in writing to office@stgeorgesepiscopal.net. Names remain on the list for 1 month.

Our leadership:

For our bishops, Justin, Michael, Mark, Gayle, and Bud; for Joe, Will, and Ethan, our clergy; for those who are priests and pastors in our community; for our staff—Laurel, John, Jake, Kevin, Danielle, Barbara, Michael, Achim, Lisa, Riley, Amy, and Juliann; and for our Vestry.

Those needing God's grace:

Lucy, Melanie Goodpasture, Ashley Johnson, Pamela Haley, Viola Cleo Bradshaw, Gabe Rodriguez, Jim Towbin, Kathy Braid, Craig Ground, Hannah Cannon, Karen Bigwood, Valerie

Those in convalescence:

Paul Metzger, Ralph Powell, Deborah York, Rosemary Beales, Jan F., Marcia Russell, Jan Waltonen, Joyce Snead (mother of Joyce Steele), Karen Primmer, Trip Wiggins, Eleanore Spears, Jan Fensterer, Linda Dolph, *Liz Myers*

Those expecting children:

Steven Janowiecki and Amanda Fisher; Joseph and Jenna Dzurenda; Michael and Maria Strickland, daughter of Anna and Paul Colopy; Andrea and Cody Bryant

Those serving our country overseas:

Jeff Bryant, Travis Weber

Those attending seminary:

Kris Rose, Anne-Tillery Melson, John Hager

Those who have died:

Karl-Josef Jochem, Roy Bigwood

Those homebound:

Betty Stephens, Cornelia Bryant

Those with ongoing concerns:

Arya Holmes, Dick Roth, Molly Myers, Randy Donaldson, Martha and Sarah Turner, Claire Simpson, Paula Mullins, Mina Sabik, Beryl Harrison, Bill Marshall, Christina Shiel, Annette, Russ Carter, Diane Powell, Ron Tebbutt, Reggie Harrison, Betsy, Linda Baribeau, Isobel Hornung, Janis Hales, Margot VanHorn

In the Diocesan Cycle of Prayer:

Christ, Alexandria; Good Shepherd, Burke; St. John's, McLean; Varina, Richmond

In the Anglican Cycle of Prayer:

The Anglican Church of Australia

Our Partners: St. George's Episcopal Pre-school; Notre Dame Parish and School (Port-au-Prince, Haiti), Père Geffrard Ricot; The House college chaplaincy and young adult ministry; SAWs Virginia; Rev. Óshin Jennings, No Barriers Zen Temple; Micah Ecumenical Ministries; Our Little Roses - Honduras

Serving This Sunday

Thank you to our worship leaders serving today. If you would like to volunteer, contact the church office: office@stgeorgesepiscopal.net.

Clergy:

The Rev. Joseph H. Hensley, Jr.
The Rev. William S. Dickinson

Preacher:

the Rev. Joseph H. Hensley, Jr.

Liturgical Coordinator

Anne Carey O'Connor

Lectors:

Katie Green
Jennifer Vaughan

Acolytes:

Anna Maxfield
Claire Kaiman

Lay Eucharistic Ministers:

Vicki Lewis
Kit Burns
Mary Vreeland
Jennifer Vaughan

Personal Prayer Minister:

Nick Cadwallender

Ushers:

Julia Lang
Jim Lewis
Jason Kunkler

Greeters:

Leslie Pugh
Malanna Henderson

Altar Guild:

Cindy Helton
Lana King
Kathleen Mullins
Leslie Pugh
Marvin Stearns

Flowers:

Sarah Bass

Coffee Hour:

Youth Group

Contact Our Vestry:

The Vestry is our elected, lay leadership council led by our Senior Warden, Michele Prout Alston, and Junior Warden, John Graham.

The Vestry welcomes your questions, concerns, and feedback. Email them at: vestry@stgeorgesepiscopal.net

St. George's Episcopal Church

905 Princess Anne Street
Fredericksburg, VA 22401

Mailing Address:

P.O. Box 7127

Fredericksburg, VA 22404

540.373.4133 (office)

Pastoral Emergencies:

540.361.8573 (call or text)

StGeorgesEpiscopal.net
