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# An Invitation to a Holy Lent

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from the *Book of Common Prayer*, p. 264

Dear People of God: The first Christians observed with great devotion the days of our Lord's passion and resurrection, and it became the custom of the Church to prepare for them by a season of penitence and fasting. Thereby, the whole congregation was put in mind of the message of pardon and absolution set forth in the Gospel of our Savior, and of the need which all Christians continually have to renew their repentance and faith. I invite you, therefore, in the name of the Church, to the observance of a holy Lent, by self-examination and repentance; by prayer, fasting, and self-denial; and by reading and meditating on God's holy Word.

## Stay Up to Date

Check the St. Georgian, our weekly e-newsletter, for more information and schedules about how to engage this season of Lent.

Visit [stgeorgesepiscopal.net/enews](http://stgeorgesepiscopal.net/enews) to sign-up to receive our e-newsletter.



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# Lenten Worship Schedule

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**2/14: Ash Wednesday with Imposition of Ashes**  
7 am, 12 pm, 4:30 pm (for families), 7 pm

## Wednesdays in Lent:

**2/21, 2/28, 2/6, 2/13, 2/20: Noon Worship**  
12 pm Holy Eucharist with Prayers for Healing

## Sundays in Lent

**2/8, 2/25, 3/3: Lent Worship**  
7:45 am, 9 am Worship - also livestreamed, 11:15 am, 5:30 pm Celtic Evensong, 8 pm Compline

**3/10: Laetare Sunday with Visit from Bishop Harris**  
7:45 am, 10 am Combined Worship - also livestreamed, 5:30 pm Celtic Evensong, 8 pm Compline

**3/17: Fifth Sunday in Lent**  
7:45 am, 9 am Worship - also livestreamed, 11:15 am, 5:30 pm Celtic Evensong, 8 pm Compline



**St. George's**  
Episcopal  
Church

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## Lent 2024

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## Our Lenten Invitation This Year

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In the service for Ash Wednesday, we Christians are invited to observe a Holy Lent, a season of preparation for the joy of the resurrection of Jesus at Easter.

As a parish, we are also on a journey through the promises and practices of the Baptismal Covenant. We invite you and your household to reflect each day on these promises as you take your own journey through Lent.

We are inviting every member of St. George's community to explore Baptism, Confirmation, Reception, or Reaffirmation of faith (if you are already baptized and confirmed). Pray with these questions and see where they lead you on your faith journey. If they are leading you deeper, contact the church office ([office@stgeorgesepiscopal.net](mailto:office@stgeorgesepiscopal.net), 540.373.4133) or Fr. Will ([will.dickinson@stgeorgesepiscopal.net](mailto:will.dickinson@stgeorgesepiscopal.net)) to explore the next step in your life of faith.

Each day, we will all read through one or more of these promises, and make space to think through how we might fulfill them more deeply in our lives. This is our shared Lenten practice.

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**You are welcome at St. George's regardless of race, nationality, sexual orientation, gender expression, or tradition.**

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## Baptismal Covenant Promises Meditation

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From the *Book of Common Prayer*, p. 304 - 5.

1. Will you continue in the apostles' teaching and fellowship, in the breaking of the bread, and in the prayers?
  - How do you engage with our shared worship life?
  - Is there a place to go deeper, in awareness, community, or attendance?
  - How do you pray or connect with God?
  - When do you feel closest to Jesus?
2. Will you persevere in resisting evil, and, whenever you fall into sin, repent and return to the Lord?
  - Lent is a time for us to freely be honest with God. We sometimes don't measure up and that's okay.
  - Where have you needed and felt forgiveness lately?
  - Where have you been called to forgive?
  - Where do you need help in resisting temptation and test?
3. Will you proclaim by word and example the Good News of God in Christ?
  - How do you tell the story of God in your life in word and action?
  - Are you called to work with one of our outreach and mission ministries like The Table or Community Dinner?
  - Have you ever shared why you're a part of St. George's?
  - Do you have a story to tell about being cared for or touched by God?
  - How can you practice those good works and telling your story?

4. Will you seek and serve Christ in all persons, loving your neighbor as yourself?
  - When and where have you felt welcomed in this community?
  - What is the next step for us and for you?
  - How are we working to help everyone not just feel welcome, but belong?
  - Where in your day can you work to help someone feel included and belong?
5. Will you strive for justice and peace among all people, and respect the dignity of every human being?
  - Where in our world is justice and peace needed?
  - How can you pray for those places or people?
  - How are you being called to witness to God's vision of a kinder, more interdependent world?
  - What ministries of St. George's might be places to do that work?

As we journey toward Easter light, let's go deeper into these questions.

- Check in with your friends, neighbors, and fellow parishioners.
- Worship together on Sundays and throughout Holy Week.
- Engage with our Baptismal Covenant series.

