



**St. George's**  
Episcopal  
Church

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Lent 2022

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You are welcome at  
St. George's Church:  
Regardless of race,  
nationality,  
sexual orientation,  
gender expression,  
or tradition.

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## **The Theme of Lent is Lent.**

When we were planning our program for this year, we heard from many folks who were new to the Church or new to the church calendar asking “what is Lent about? What’s it for?” That made us think: what if the theme of Lent is...Lent?

In the Ash Wednesday liturgy, we are invited to an intentional season of prayer, reading and meditating on God’s holy Word, self-examination and repentance, fasting, and self-denial. In his Gospel teaching, Jesus also reminds his followers of the importance of giving alms and sharing with others. This focused season re-centers our lives around our relationship with God and reminds us what this Church thing is all about.

We hope this brochure will give you a starting point for wondering how God might be calling you into this season. It’s been a few years since we’ve had a “normal” Lent, so we’re all learning all over again what it means. Let the Spirit guide you.

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### **Worship and Learning:**

#### **Sundays**

**7:45 am:** Rite I spoken Holy Eucharist

**9 am:** Rite II Eucharist with Jazz Band and Choir. Service is live streamed via YouTube Live and posted to Facebook after the service ends.

**10 am:** Adult and Children’s formation

**11:15 am:** Rite II Holy Eucharist with organ and choir.

**5:30 pm:** Celtic Evensong + Communion

**8 pm:** Facebook Live Sung Compline via our Compline Facebook Page.

#### **Ash Wednesday - March 2**

**7 am, 12 pm and 7 pm with Holy Eucharist:** Ash Wednesday liturgy with imposition of ashes.

#### **Lent Sermon Series: How to Lent**

##### **First Sunday, March 6:**

Self-Examination, Rev. Joe Hensley

##### **Second Sunday, March 13:**

Repentance, Rev. Will Dickinson

##### **Third Sunday, March 20:**

Prayer, Rev. Rosemary Beales

##### **Fourth Sunday, March 27:**

Joy and Self-Denial, Rt. Rev. Jennifer Brooks-Davidson

##### **Fifth Sunday, April 3:**

God’s Word, Rev. Ethan Lowery

#### **Holy Week: April 10 - 17**

**April 10:** Palm Sunday worship at

7:45 am, 9 am, 11:15 am, 5:30 pm.

The morning services will include the Liturgy of the Palms and Passion.

**Tuesday, April 12:** Taize Service in our

Nave also live streamed on Facebook Live.

**Thursday, April 14:** Maundy Thursday

Service with Stripping of the Altar at 7 pm in-person and on YouTube Live.

**Friday, April 15:** Good Friday Service

at 12 pm and 7 pm Sung Passion. Both services in-person and on YouTube Live. Micah Churches will walk the Way of the Cross together in the afternoon downtown. Time TBA.

**Saturday, April 16:** Holy Saturday

Service at 8:30 am in the Nave and on Facebook Live; Liturgy of the Light, 5 pm in Sydnor Hall; Great Easter Vigil at 8 pm in our Nave.

**Sunday, April 17:** Micah Churches

Sunrise Service 6:30 am TBD. Easter Sunday Services at 7:45 am, 9 am (also livestreamed on YouTube Live), 11:15 am, 5:30 pm.

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## **New Mass Setting**

Our Director of Music Ministries, John H. Vreeland has written new service music for our 9 am services. The "Missa Brasilia" is a new Jazz Mass that you won't want to miss!

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## **Special Events for Lent**

### **Chamber Music Concert - March 20**

St. George's Chamber Musicians present a concert at 3 pm on March 20. With music including organ, piano, vocal, and woodwinds, this concert has something for everyone. Concert is free with donations accepted at the door.

### **Holy Hike - March 21**

Our rector, Rev. Joe, will lead a Holy Hike for all ages at Motts Run Reservoir (6600 River Rd) from 10 am - 1 pm. We will walk gentle trails, stopping occasionally to pray and listen to scripture, and witness the wonder of creation.

### **Bishop Visit - March 27**

Bishop Jennifer Brooke-Davidson will lead our morning worship services on March 27, the fourth Sunday in Lent. This is traditionally called "Laetare Sunday" and marks a joyful break from the solemnity of Lent.

### **ECW Virtual Lenten Retreat**

#### **Saturday, March 5, 10 am - 12:30 pm**

Join people from around the Diocese of Virginia as we draw upon Presiding Bishop Michael Curry's book, *Love Is the Way: Holding on to Hope in Troubling Times*. In honor of Women's History Month, special attention will be given to the role of women in Bishop Curry's life as well as women in Holy Scripture who have been used by God to cultivate a commitment to love. Preparatory reading of the book is preferred but not required. All are welcome. Register online here: <https://bit.ly/ecwlentenretreat>

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## **Sharing Generosity**

### **Give to St. George's:**

You can make a gift in memory of or thanksgiving for a loved one or in celebration of the blessings in your life. Give [online](#) or mail a check to the church, designating your memorial/thanksgiving. We will publish memorials in the church bulletin and newsletter for Easter.

### **Giving Alms:**

Let charitable giving become a spiritual practice. Support the United Thank Offering of the Episcopal Church through the blue giving box. Put money in the box as you count your blessings. We will collect the boxes at Easter. Or select another charity such as Micah Ministries and contribute regularly in Lent.

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## **Individual and Household Practices:**

### **Open Times for Rite of Reconciliation**

#### **Palm Sunday, April 10, 3 - 5 pm**

#### **Good Friday, April 15, 9 - 11 am**

Is something hanging over your heart? Have you heard that you're forgiven, but don't quite feel it yet? It's a centuries-old tradition for Christians to confess and receive absolution during Holy Week in preparation for Easter. Come to the church during one of the above times, and a priest will be available to guide you through the rite of Reconciliation in the Prayer Book. Reconciliation is always available by appointment with one of the clergy. Our adult forum at 10 am on March 13 will provide an overview of this rite and how to prepare.

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### Daily Bible Reading

Join our rector and others who are following the Daily Office lectionary. During Lent we will explore the Joseph saga in Genesis, the prophet Jeremiah, Paul's first letter to the Corinthians and the letter to the Romans, and the Gospels according to Mark and John, all in manageable daily portions. Contact Joe Hensley [joe.hensley@stgeorgesepiscopal.net](mailto:joe.hensley@stgeorgesepiscopal.net) to participate. Our adult forum on March 3 will provide an overview. Weekly emails to the group provide encouragement and resources.

### Write an Ember Day Letter

The "Ember Days" (March 9, 10, 12) are quarterly days of praying for all the ministers of the church, lay and clergy, a time for all to reflect on our vocation and ministry. As a Lenten practice, write a private "Letter to God," seal it, and send it to St. George's (PO Box 7127 Fredericksburg, VA 22404) with "attn Ember Day Letter." It will remain sealed, and we will mail it back to you in early Easter. Look for a video in the St. Georgian on March 11 with further instruction.

### Lent-to-Go Bags:

These bags will contain lots of goodies for your Lenten journey, like ashes, Lenten devotionals for individuals and families, prayer cards, holy water, and some special surprises. They will be available for pickup at the church at Mardi Gras To Go (Mar. 1), Ash Wednesday Services (Mar. 2), and the First Sunday in Lent (Mar. 6). There is a suggested donation of \$10.

### Praying the Daily Office:

The Daily office (Morning and Evening Prayer from the Book of Common Prayer) is offered on Zoom and led by a group of lay persons on Monday, Wednesday, and Friday at 8 am and 5:30 pm. All are welcome. Meeting ID: 890 4918 9545  
Passcode: 638538  
Dial in: +1 301 715 8592

### Parish Book Read

St. Georgians are invited to read one or all of three books, specially selected for the Lenten Journey.

*Life in Christ: Practicing Christian Spirituality*, by Julia Gatta

An Episcopal pastor and spiritual director explores common Christian practices and their underlying theology through an Episcopal lens.

*This Band of Sisterhood: Black Women Bishops on Race, Faith, and the Church*, edited by Westina Matthews  
These history-making bishops candidly discuss their own journeys in faith and ministry and the Church's work of repentance, healing, and transformation.

*Witness at the Cross*, by Amy-Jill Levine

A Jewish New Testament scholar offers a beginners guide to Holy Friday, reflecting on the different Gospel accounts and interpretations of the death of Jesus.

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